



## **SOCIO-ECONOMIC IMPACT OF GLOBAL CRISES IN MONGOLIA**

**21 NOVEMBER 2022 | WORKSHOP**

# **Multiple micronutrient, vitamin A and D availability**

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# Micronutrient supplementation program in Mongolia

2000

- Health Minister's order #74
- High dose vitamin A and D supplementation (High dose vitamin A supplementation for lactating women and children 6-59 mos, and Vitamin D for 0-59 mos)

2009

- Health Minister's order #321
- MMN supplementation for pregnant and lactating women and children 6-23 mos

2013

- Health Minister's order #470
- High dose vitamin A and D supplementation (High dose vitamin A supplementation for children 6-59 mos, and Vitamin D for 0-36 mos)

2020

- Health Minister's order #490
- Vitamin and mineral supplementation (High dose vitamin A and MMN for women and young children)

# Micronutrient availability assessment protocol

**Background:** The micronutrient availability assessment is underpinned by a framework that represents multiple micronutrients (MMN), vitamin A and D availability through supply chain in health service.

## **Objectives:**

- Identify current supply gaps and supply chain bottlenecks for micronutrient supplementation.
- Identify barriers that prevent young children, pregnant and lactating women to access micronutrients (MMN, vitamin A and D)
- Identify micronutrients (vitamin A, D and MMNs) availability in the market, their prices

# Micronutrient availability assessment protocol

## 1. Key informant interview

- Head of Family, Soum and Village health centres, Head of public health division of Local health departments, and officers in charge for medicine supply and distribution.

## 2. Interview of women and child caretakers

- Demographic information
- Use of vitamin and mineral supplementation, and related barriers that prevent use of vitamin A, D and MMNs

## 3. Pharmacy study

- Identify micronutrients (vitamin A and D, complex micronutrients) availability in the market, and their retail prices

# Multiple micronutrient availability in health care facilities

- Soum, Family and Village health centers – 79 (Rural–74.7%, Urban–25.3%)
- No available stock – **44.3%**
- Available MMN for women or children (either one) – 36.7%
- Available MMN stock (both women and children) – 19%

Procurement of MMNs		2021		2022	
		n	%	n	%
1	Announced bidding	45	56.9	16	20.3
2	No bidding	30	38.0	46	58.2
3	Distributed from HD	4	5.1	-	
4	Available stock			17	21.5

*51.9% of primary healthcare facilities include actions to provide MMNs for pregnant and lactating women and young children in their plan of action.*

# Multiple micronutrient availability in health care facilities

- Since 2019, majority of primary healthcare facilities are started procurement of MMNs by using basic budget estimated per citizen.

Regular supply of MMNs		Interview results					
		2020		2021		2022	
		n	%	n	%	n	%
1	MMP for children	57	72.2	56	70.9	37	46.8
2	MMN for women	46	58.2	46	58.2	32	40.5

Availability of MMNs		Results from personal inspection by nominated assessors	
		n	%
1	Stock of MMP for children	38	48.1
2	Stock of MMN for women	30	38.0

# Use of micronutrient supplementation

## Use of MMN tablets received from Health center free of charge

Pregnant women (n=197)

- Regular distribution – 9.4%
- Irregular distribution – 20.5%
- 9.6% (n=19) of pregnant women were used MMNs in accordance with Guideline on MMN supplementation.

## Use of vitamin and mineral supplements purchased from pharmacies

Pregnant women (n=197)

- Yes – 26%
  - No – 6.1%
  - Don't know/not answered – 67.9%
- Elevit,
  - Prenatal,
  - Iron and folic acid,
  - Iron and folic acid + vitamin D+ Elevit and/or prenatal
  - Calcium + vitamin D

Expenditure for these supplements purchase

**30,000–120,000 MNT**

# Availability and use of high dose vitamin A

**Health Minister's order #A/245,  
April, 2022 for distribution  
schedule for high dose vitamin A**

- **Province HD**

- Retinol palmitate 100,000 IU – 38,582
- Retinol palmitate 100,000 IU – 309,039

- **City HD**

- Retinol palmitate 100,000 IU – 35,859
- Retinol palmitate 100,000 IU – 144,772

No	Half year report (May 2022)			
	Age of children, in months	Number of children	Number of children received supplements	% children received supplement
1	6-11 months	73,941	61357	83.0
2	12-59 months	453,811	334,484	73.7
Total		527,811	395,841	75.0



# Pharmacy market study

## Pharmaceutical system

- Number of registered medicine – 5,432
- Number of products on essential medicine list – 571
  - Retinol
    - Retinol palmitate 100,000 IU
    - Retinol palmitate 200,000 IU
  - Ergocalciferol (D<sub>2</sub> 50,000 IU)
  - Cholecalciferol (D<sub>3</sub> 400–1000 IU)

## Number of products registered as a medicine

- Cholecalciferol and complex medicine containing it – 24
- Retinol and complex medicine containing it – 10

# Pharmacy market study

## Vitamin D retail price

- For young children (10–30–50 ml) – **35,484₺** (12,000–59,900₺)
- Children / adults (price per 1 tablet or capsule)
  - 50,000 IU – 2,610₺
  - 5,000 IU – 497,1₺
  - 4,000 IU – 383,3₺
  - 2,000 IU – 379,1₺
  - 1,000 IU – 481,4₺

## Vitamin and mineral complex

- For children
  - Vitamin D (200-400 IU) and Calcium – **25,462.5₺** (№30-120, 13,500-39,900₺)
  - Multivitamin – **26,787.5₺** (Syrup: 50-200 ml, 7,800-44,500₺)
  - Multivitamin – **34,125₺** (№30-240; 3,100-63,500₺)
- For women
  - Multivitamin – **49,324₺** (№30-100; 17,600-109,500₺)

Thank you for your attention